

## Figure

<b>Step 1</b>	<b>A</b> (for patients aged <55 years) or <b>C*</b> (for patients aged ≥55 years and all black people of African or Caribbean descent)
<b>Step 2</b>	<b>A + C*</b>
<b>Step 3</b>	<b>A + C + D</b>
<b>Step 4</b>	<b>Resistant hypertension</b> <b>A + C + D + further diuretic<sup>†</sup></b> (or $\alpha$ blocker or $\beta$ blocker if further diuretic treatment is not tolerated or is contraindicated or ineffective)  Consider seeking specialist advice

**Key**

**A** = Angiotensin converting enzyme inhibitor or angiotensin II receptor blocker

**C** = Calcium channel blocker

**D** = Thiazide-like diuretic

\* Calcium channel blocker preferred, but consider thiazide-like diuretics in people with oedema or high risk of heart failure

<sup>†</sup> Consider low dose spironolactone or higher doses of thiazide-like diuretic

### Drug treatment of hypertension